

# Wall Heath Community Association

Registered Charity No. 522810

## Newsletter - Autumn 2018

Edition 14

### 2018 Poppies Project

This year marks the centenary of the end of the First World War and we plan to create a display of handmade poppies. If anyone wants to get involved with making poppies your contributions will be very welcome. A box for completed poppies will shortly be placed in the foyer of the Community Centre and we hope that by mid October we have enough for a lovely display. The poppies can be knitted, crocheted, painted, or any other medium that can be displayed outdoors (but please keep them 'poppy sized'). If you are not able to knit or crochet but have some red wool you would like to donate we will make sure it gets to someone who would



like to create poppies. This can also be placed in the box. The knitting pattern for the poppies is printed on page 3 and our volunteers are already in full swing. Extra pairs of hands are always welcome so if you would like to get involved, contact Karen at [wallheathcommunityassoc@gmail.com](mailto:wallheathcommunityassoc@gmail.com)

### Strike a Chord



“Bring your musical and vocal talent to life” at **Wall Heath Musicians Club**, meeting every 2nd Tuesday from 7.30 pm till 10.00 pm

We welcome musicians and vocalists who want to perform solo or with others and anyone who just wants to enjoy listening to live music in a relaxed and friendly environment. Membership £3 per evening including refreshments.

For more information email [wh.mc@yahoo.com](mailto:wh.mc@yahoo.com)

Send a friend request on Facebook to Wall Heath Musicians Club.

This Newsletter is produced, edited and delivered to your door by  
Volunteers from Wall Heath Community Association

# Wall Heath Community Association

## Wall Heath Horticultural Guild

Meets on the 1st Tuesday of the month at 7.30pm.

September 4<sup>th</sup> Winter in Bloom - Samantha Hopes

**Saturday 8<sup>th</sup> September Annual Show - Community Centre**

October 2<sup>nd</sup> The recreation of the gardens of Hanbury Hall - Neil Cook

November 6<sup>th</sup> Presentation of Annual Show Awards

Christmas Decorations - Linda Hickman

December 4<sup>th</sup> Quiz Night - John Fox - Pot Luck Supper

## Wall Heath Flower Club

Meets every 4<sup>th</sup> Tuesday of the month at 7.30pm with N.A.F.A.S. demonstrators giving spectacular demonstrations of flower arranging.

September 25<sup>th</sup> "In a Dream World" - Sharon Badger

October 23<sup>rd</sup> "Elements" - Susan Bradley

November 27<sup>th</sup> "I'm Dreaming Of ....." - Sandra Gunner

Demonstrations begin at 7.30pm. Visitors are always welcome to pay on the door at £6 to include refreshments.

Tickets for the Christmas demonstration in November will be on sale at £8 each to include mince pies and coffee / tea.

## 50 Plus Club

Meets 2<sup>nd</sup> and 4<sup>th</sup> Wednesdays at 2pm.

September 12<sup>th</sup> "Editing the Black Country Bugle" - John Butterworth

September 26<sup>th</sup> "The Man who Mapped the Arctic" - Nigel Metcalf

October 10<sup>th</sup> Fish & Chip Lunch

October 24<sup>th</sup> James Whale, The Hollywood Years part 2 - Craig Denston

November 14<sup>th</sup> "A Black Country Winter" - Ian Bott

November 28<sup>th</sup> "Birmingham Back-to-Back Houses" - Derek Clarke

December 12<sup>th</sup> Entertainment - "Kast in Stone"

<b>Thursday Afternoon Club:</b>	<b>Contact: Shirley Corfield</b>	<b>07738 523688</b>
<b>Horticultural Guild:</b>	<b>Contact: Amanda Ridney</b>	<b>01384 287480</b>
<b>Flower Club:</b>	<b>Contact: Pauline Iddles</b>	<b>01384 271430</b>
<b>50 Plus Club:</b>	<b>Contact: Karen Page</b>	<b>01384 273744</b>

# Wall Heath Community Association

## Thursday Afternoon Club

The club meets on Thursday afternoons at 2pm, with guest speakers, illustrated talks, theatre visits and outings.

September 6 <sup>th</sup>	Picture This - Alan Turner
September 13 <sup>th</sup>	A.G.M.
September 20 <sup>th</sup>	Memories of Madeira - Ken Whittaker
September 27 <sup>th</sup>	Quiz
October 4 <sup>th</sup>	The Past Beneath My Feet - Jim Wall
October 11 <sup>th</sup>	How the Pershore Plum Won the War - Maggie Andrews
October 18 <sup>th</sup>	Greek Island Hopping - Keith Cattell
October 25 <sup>th</sup>	Outing to Boundary Mills
November 1 <sup>st</sup>	Gemstones - Gillian Fenner
November 8 <sup>th</sup>	Holbeach House - John Sparry
November 15 <sup>th</sup>	Bring & Buy
November 22 <sup>nd</sup>	Hold, See, Info, Buy -Party Jewels
November 29 <sup>th</sup>	Christmas Past - John Moberley
December 6 <sup>th</sup>	Christmas Party - Beryl Bristow

## Poppies Knitting Pattern

100g ball of RED double knitting wool. No.9 (3.75mm) needles.

Cast on 120 stitches. Knit 4 rows (garter stitch throughout).

Next row: Slip 1, knit 2 tog. (pass the slip stitch over).

You now have 40 stitches. Knit 4 rows.

Next row: Knit 2 tog. along the row.

You now have 20 stitches. Knit 4 rows.

Next row: Knit 2 tog. You now have 10 stitches.

Cut off the wool leaving a tail of about 6 inches.

Thread the 10 stitches on to a darning needle and pull the poppy into shape, finishing off to hold in place.

For the centre of the poppy, black button with 4 holes.

## Congratulations to:

Our President, John Massey MBE, and all at Ashwood Nurseries, who won the President's Award and a Gold Award at the Royal Horticultural Society's prestigious Chelsea Flower Show.

*John Massey with  
Kevin Belcher*



## Skittles Evening

On Saturday 17 March 2018 a very enjoyable Skittles Evening organised by Wall Heath Community Association was held at the Community Centre. The evening was a "sell out" and included a fish and chips supper.

Although the evening coincided with heavy snow fall which brought the surrounding roads to a standstill, the success of the evening has decreed that it will become an annual event.



*Winners of the Skittles  
Evening: Lynn Gibbons  
and John Macaney*

## 'Strictly' comes to Wall Heath

Are you looking for a new hobby? Why not come along to Wall Heath Community Centre and learn to dance in a warm, friendly atmosphere? Beginners' ADULT Ballroom and Latin Classes are held on Monday evenings. Learning to dance will not only keep you fit but it is also an ideal opportunity to meet and make new friends. For more information contact **Frank** or **Dawn** on **01384 296924**.



## New Notice Board

The Community Association have taken over the Notice Board, formerly the property of **The Village People**, situated opposite the shopping precinct, and details of Community Association events and activities will now be shown there as well as on the notice board outside the Community Centre.

Thanks are due to **Geoff Boughey** (our resident, but unpaid, Maintenance Manager) who has replaced the plastic cover on the notice board. All posters providing details of our activities will now be displayed on both of our notice boards.



## Flag Pole Surround

Since we erected a new flag pole some two years ago the Committee of the Community Association have been conscious that the area around the pole needed a 'makeover'. The initiative was seized by **Linda and Tony Hickman** and a proposal was made for the area to be cleared and prepared for a bed of chippings to be laid. A submission was made to *Helping Hands* for a grant and we were delighted that our proposal was approved.

For those of you who are unaware, *Helping Hands* is a charity shop situated in the High Street and as funds allow are happy to consider making grants to local organisations.

If you know of any group which is in need of funds please call in and see **Julie Collins**, who is the manager of the shop which is open Tuesday to Saturday from 10am until 4pm.

The shop is always looking for good quality items to sell in the shop so if anyone can help in that way Julie would be delighted to accept the items.

We now have a **Card Making Workshop** which meets on the last Monday of the month. For further details contact **Leighsa Allport**, email: [leighsa@leighsasloft.co.uk](mailto:leighsa@leighsasloft.co.uk)

## Wall Heath Ladies' Choir

Wall Heath Ladies' Choir is a new venture and will be commencing with an **Open Evening** on **Thursday 13th September** 2018, to be held at the Church Hall, Church of Ascension, Wall Heath, followed by weekly rehearsals at the same location and time.

It will begin at 7.30pm and conclude at 9.30pm and will be an opportunity for ladies to come along and enjoy some refreshments, have a sing along, meet the team, and then if they decide that they like what they see and hear, to sign up with us.

The choir is co-founded by **Claire Speake**, who was born in Wall Heath, and **Lorraine Beasley**, who moved to the village about four years ago. Both ladies are keen to promote the village to the wider community and to help it thrive.

Initially, the focus will be on Christmas music, but beyond that there will be a mixture of songs from well known musicals, a little pop and perhaps something a little more high brow, but we hope that there will be something to please everyone. Weekly subscription will be £3.50.

It is hoped to encourage a group of ladies to come together to sing in three part harmony, thus enjoying the health benefits that singing provides, both physically and mentally, also to promote a friendly and sociable atmosphere for like minded people, in addition to promoting the friendly village of Wall Heath to the wider community, the ambition is to perform concerts in the community promoting the joy of music, with uplifting music, encouraging the audience to participate where required, invoking a feeling of general wellbeing.

For further information please contact [lorrainebeasley@gmx.com](mailto:lorrainebeasley@gmx.com) or tel: **01384 350981**



It's now over 2 years since we started our classes at Wall Heath Community Centre and it's great to see so many people at our range of classes each week. We now have two strength and balance classes on Thursday mornings and two Tai Chi for Health classes on Wednesday mornings.

### Wednesday – Tai Chi for Health

Beginners 10.15 - 11.05

Intermediates 11.20 - 12.10



Sun Style Tai Chi is the youngest style of tai chi and dates back to 1861! Tai Chi for Health is a modernised and adapted form incorporating medical science to deliver health benefits. It helps to build muscle strength, increase flexibility, improve bone health by increased weight bearing, improve circulation and balance. Most people find it very relaxing too.

### Thursday - Strength and Balance Classes

Class for the more active person 9.45- 10.45

Class for the slightly less active person  
(standing with seated options) 11-12.



Benefits of this type of class have recently been mentioned in the Sunday Telegraph supplement and are summed up nicely by the National Osteoporosis Society Nurse Consultant Sarah Leyland “Weight-bearing, with impact and muscle resistance exercises are important to help maintain bone strength and prevent fractures. It's also crucial to improve muscle strength and balance in later life to reduce the risk of falling over”.

Is it time for you to take some action to bank up strength and balance skills for the future? Why not give a class a try – *first class is free.*

If you need more information then give **Kim** and **Angela** a call on **07512 546480** or check out our Facebook page



<https://www.facebook.com/activeseniorsclass>

## Wall Heath Community Association



# Light Hearted Quiz & Ploughman's Supper with John Mobberley



at

The Community Centre

Enville Road, Wall Heath

Saturday 27th October 2018

at 7.00 pm

Tickets £5.00 each

Contact Karen Page on 01384 273744

Bring your own Drinks / Glasses

## Craft Fair

Saturday 1st December 2018

at 1 pm

at

The Community Centre,

Enville Road, Wall Heath

For anyone interested in taking a table  
please contact Karen Page on 01384 273744

Please make a note in your diary and come along and buy some of  
those Christmas presents, avoiding the crush of Merry Hill!

# Wall Heath Community Association

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What's happening in your Community Centre, at a glance!

DAY	TIME	ACTIVITY
<b>Monday</b>	10.00am	<b>Age UK Short Mat Bowls</b> (1 <sup>st</sup> & 3 <sup>rd</sup> Monday)
	10.00am	<b>Age UK Kurling</b> (2 <sup>nd</sup> & 4 <sup>th</sup> Monday)
	10.30am	<b>Crafty Chatters</b>
	2.00pm	<b>Short Mat Bowls Club</b>
	5.00pm	<b>Taekwon-do</b>
	7.00pm	<b>Card Making Workshop</b> (Last Monday)
	8.00pm	<b>Ballroom / Latin Dance Classes</b> (Adult Beginners)
<b>Tuesday</b>	2.00pm	<b>Kurling</b>
	7.30pm	<b>Horticultural Guild</b> (1 <sup>st</sup> Tuesday)
	7.30pm	<b>Musicians Club</b> (2 <sup>nd</sup> Tuesday)
	7.30pm	<b>Flower Club</b> (4 <sup>th</sup> Tuesday)
<b>Wednesday</b>	10.15am	<b>Tai Chi - Active Seniors</b>
	2.00pm	<b>Fifty Plus Club</b> (2 <sup>nd</sup> & 4 <sup>th</sup> Wednesday)
	5.00pm	<b>Contemporary Dance</b> (Ages 3-16 yrs)
<b>Thursday</b>	9.45am & 11.00am	<b>Active Seniors</b>
	2.00pm	<b>Thursday Afternoon Club</b>
	6.15pm	<b>Weight Watchers</b>
	7.30pm	<b>Flower Arranging</b>
<b>Friday</b>	5.00pm	<b>Taekwon-do</b>
	7.30pm	<b>Line Dancing</b>
<b>Saturday</b>	8.30am	<b>Slimming World</b>
<b>Sunday</b>	1.00pm	<b>Liberate Youth Theatre</b> (Ages 4-16 yrs)

To enquire about booking the hall or for further information regarding any of the groups please contact:  
**Karen Page** Tel: **01384 273744** E-mail: **wallheathcommunityassoc@gmail.com**

Wall Heath Community Centre, Enville Road, Wall Heath DY6 0JT.  
 Office Hours: Tuesday and Thursday 11.00 am - 12.30 pm

[www.wallheathcommunitycentre.co.uk](http://www.wallheathcommunitycentre.co.uk)